

Hydrastis - Hydrastis canadensis - Kanadai gyömbér





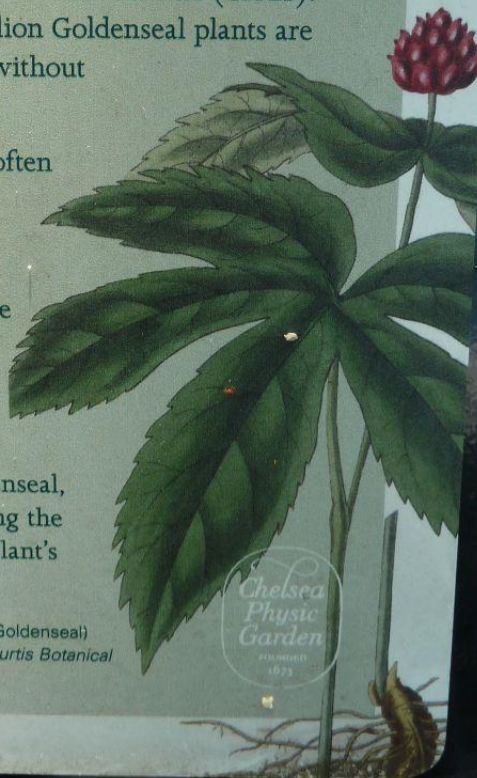
Hydrastis canadensis (Goldenseal)

Goldenseal root is used extensively as a multi-purpose remedy in Traditional Medicine and is one of the most over-harvested herbs, especially since the recent boom in natural remedies.

Wild Goldenseal is now so rare that the herb is listed in the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). More than 60 million Goldenseal plants are picked each year without being replaced.

Cultivated plants often have higher concentrations of active ingredients than those that are wild-collected. There are now projects to train growers on how to cultivate Goldenseal, hopefully reducing the pressure on the plant's wild population.

Hydrastis canadensis (Goldenseal)
by W.J. Hooper from *Curtis Botanical Magazine* no 60, 1833.



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